



Zvandiri Paediatric and Adolescent HIV Service Delivery Training and Mentorship Programme

Health, happiness and hope for children, adolescents and young people living with HIV through quality service delivery

Do you want to strengthen your knowledge, skills and expertise with the latest evidence-based approaches to quality services for children, adolescents and young people living with HIV?

Do you want to address gaps in service delivery for children, adolescents and young people living with HIV?

Then this 12-month comprehensive training and mentorship programme is for you!

What?

The **Zvandiri Paediatric and Adolescent HIV Service Delivery Programme** is a virtual, modular training and mentorship programme that will strengthen your knowledge, skills and confidence in supporting the comprehensive needs of children, adolescents and young people living with HIV (CAYPLHIV). The Programme takes an innovative approach by combining the latest World Health Organization (WHO) clinical and service delivery guidelines and standards with evidence-based best practice from the **Zvandiri** model. This, together with the real-life experiences of CAYPLHIV and their caregivers, informs sessions that will equip service providers to deliver quality services to support young people to survive and thrive.

Why?

ART initiation, retention, adherence and viral suppression among CAYPLHIV continues to lag behind that of adults, particularly in adolescents. In sub-Saharan Africa, which is home to 85% of adolescents with HIV globally, adolescents are the only population with increasing mortality rates. There are many contributing factors, but gaps in service provision, barriers to services, stigma and lack of differentiated services are key players. Improved clinical outcomes require quality services that are adapted to young people's changing needs; CAYPLHIV require sustained, holistic quality services that address, not only their needs along the HIV cascade, but their broader sexual and reproductive health and mental health. These services need to link with families, caregivers and communities.

The **Zvandiri Paediatric and Adolescent HIV Service Delivery Programme** responds to these issues, supporting clinicians to deliver services that impact positively on viral suppression and on healthy, happy and fulfilled lives for CAYPLHIV.

Who?

This training and mentorship programme is for service providers – doctors, nurses, counsellors, peer supporters, social workers and others – who are dedicated to providing quality, client-centred, holistic services for CAYPLHIV in low- and middle-income settings. It is delivered by **Zvandiri** and expert guest trainers. Young people living with HIV and those involved in their care inform the programme and play a lead role as expert trainers throughout the training and mentorship.



How much time do I need?

The **Zvandiri-ECHO Paediatric and Adolescent HIV Service Delivery Programme** comprises twenty-four modules delivered in monthly sessions (two modules per session) online through the *Zvandiri-ECHO* Hub over 12 months.

Each monthly session lasts four hours and is split into two parts:

- **Participants share their homework assignments** from the previous week, followed by feedback and discussions.
- **Teaching Sessions for the next two Modules:** Facilitated talks, group learning, sharing and activities. At the end of the session, participants will be given homework assignments to be presented at the beginning of the following session.

The homework assignments will take approximately two hours per Module of self-directed learning, e.g. practical sessions, role play, assignments and quizzes (in preparation for the following week's session)

How?

The sessions

The **Zvandiri-ECHO (Extension for Community Healthcare Outcomes) Hub** uses simple Zoom technology, enabling participants with low bandwidth to connect. Students will receive the Zoom link and any prior reading ahead of the course. The virtual sessions combine various methodologies: talks, theoretical presentations, practical sessions and case-based learning. Importantly, we bring the voices of those who receive services – CAYPLHIV and their caregivers – into the sessions. After class, students will be asked to complete assignments in their respective workplaces or at home and will present them the following week for feedback and discussion.

Learning via the ECHO Model™ is based on the principle of 'all teach – all learn', and students are encouraged to actively participate. That way, health care providers learn from specialists, young people and their caregivers, as well as from each other, and specialists learn from community health care providers.

Learners are also able to contact the trainers outside the sessions for support.

Community of Practice

Together, through the **virtual sessions**, a **Programme WhatsApp Group**, and our **Zvandiri Student Portal**, we create a community of practice – joining students together online to learn, share and celebrate each other's work as they progress together through the year.

The Student Portal includes the **Zvandiri Toolbox** containing learning aids: tools, games, animations, videos and additional resources; course materials and session recordings, student profiles and relevant events and webinars.

If you have any questions or would like to find out more, please email Jane Coombes: jane@zvandiri.org